

FRANK & OLI

Product Catalog 2020







We firmly believe that there's a reason for everything and our actions not only affect us but everyone around us, as well as the world we live in. That is why, when building the Frank&Oli brand, we have endeavoured to create a company where everyone can feel good, grow and become their best self for a happy body, mind and soul. An initiative empowering us to establish long-term partner relationships with our suppliers, clientèle and consumers.



SOFT MILLET COOKIE

NUTTY FILLING + CHIA SEEDS

Grab an energy-boosting snack!

Spring into action motivation! Take a bite of our high-energy cookie and feel your energy return! This snack is high in fibre, but what about sugars? This is a purely natural sugar snack.

Bite into our Soft Millet Cookie to experience its unique, nutty filling for a delicious taste experience.

gluten free

lactose free

sugar free



vegan

OMEGA-3

CARROT COOKIES

FLAKES + LINSEED + CARDAMON

Relax and wind down!

This wholesome, guilt-free snack will make your break even better—a great, clean snack to be savoured and enjoyed with a clean conscience. An irresistible combination of millet flakes, linseed and a hint of cardamom... Go on, you know you have to!

lactose free

gluten free

vegan



sugar free

palm oil free

source of
iron

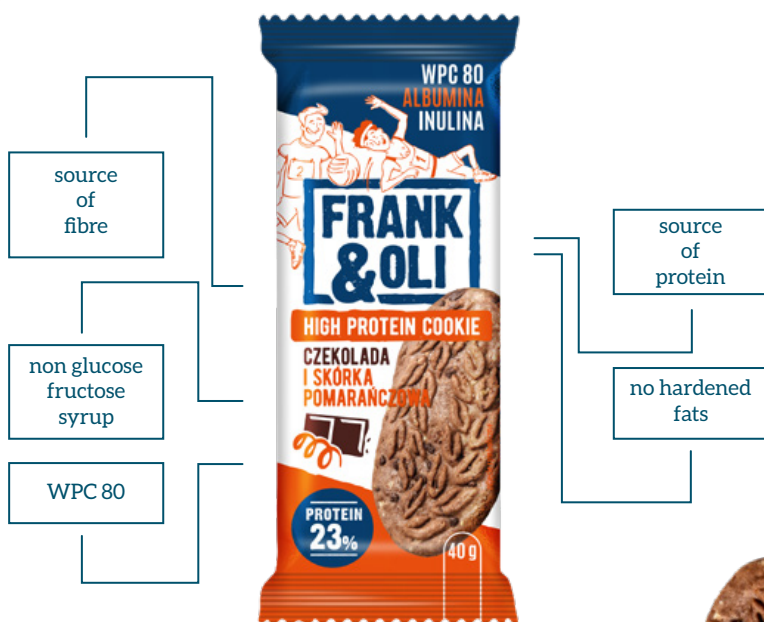
HIGH PROTEIN COOKIE

CHOCOLATE COOKIES WITH A SUBTLE
HINT OF ORANGE

Grab an energy-boosting snack!

Frank&Oli Cookies are for high achievers that aim high!

A high-protein, high-fibre snack that's just packed
with benefits! It's also an excellent source
of natural phosphorus and iron!



BUCKWHEAT COOKIES

PUMPKIN SEEDS, APPLE AND CINNAMON

Crunch away at break time!

We've come up with the perfect snack for those who are at one with nature! Deliciously wholesome Gluten-free Buckwheat Cookies Non-GMO with pumpkin seeds, apple and aromatic cinnamon. A natural source of magnesium, phosphorus and potassium! Perfectly balanced—savour the moment, wind down and relax!

lactose free

gluten free

vegan



natural
minerals

vitamin E

OMEGA-3

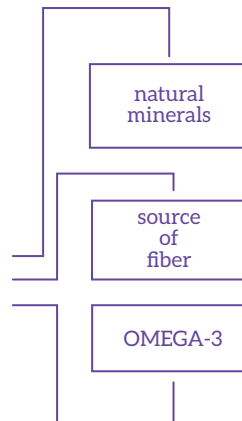


MILLET COOKIES

GMO LINSEED + SESAME SEEDS + SUNFLOWER SEEDS

Have a moment to yourself!

Delicious and crunchy—full of wholesome goodness! That's exactly what our Millet Cookies Non-GMO are like... and they contain natural minerals and Omega-3 fatty acids! Find time to relax and power up, no matter how busy you are!





MILLET COOKIES

CHIA SEEDS + NUTS

Catch your breath!

It's worth getting the right balance not only when you start your day, greeting the sun as it rises! Our Organic Millet Cookies Non-GMO with chia seeds and nuts are the perfect snack throughout the day—making your day great and giving it that healthy sweetness!







THAT'S HOW ADVENTURE TASTES

Every day is an adventure and together-
we can achieve great heights!
We look forward to doing business
with you!



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